



Portsmouth Hospitals  
NHS Trust

Clinical Delivery

## Is gender based dose analysis in CT worthwhile ?

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October 2019

**Working together** To drive excellence in care for  
our patients and communities

## The motivation:

**NDRLs & LDRLs**  
**Optimisation**  
**National survey (PHE-IPEM)**  
**Might be interesting**

## Source data:

**4x Siemens CT**  
**Two NHS Trusts**  
**CareAnalytics**

**Trust A:**

**January 2018 to June 2019**

**Trust B:**

**February to November 2018**





Patient ID	Scan Date	CTDIvol	DLP	Scan Length	Weight	Gender
1000000001	2018-01-01	15.0	100	10.0	70	M
1000000002	2018-01-02	12.5	80	8.0	65	F
1000000003	2018-01-03	18.0	120	12.0	75	M
1000000004	2018-01-04	14.0	90	9.0	68	F
1000000005	2018-01-05	16.0	110	11.0	72	M

## The analysis:

- **Bottom up – protocol based analysis**
- **All adult patients**
- **Studies with at least 20 patients**
- **Unknown weight & body habitus**
- **Off-protocol variants excluded**
- **Composition of protocols examined**
- **Medians for DLP, CTDIvol, scan length**

## The questions:

- How do metrics compare with NDRLs ?
- Comparisons between scanners ?
- **Do metrics vary with gender?**

# Protocols & protocol components

Totals and protocol components analysed separately

The screenshot shows an Excel spreadsheet with the following columns and data:

I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB	AC	AD	AE	AF	AG	AH	
Number of events	Total DLP mGy.cm	Total collimation mm	Total DLP mGy.cm	PreMonitor mGy.cm	Monitoring mGy.cm	CTPA mGy.cm	Abdomen mGy.cm	Procedure Context	Organ Characteristic	Body Size	X-ray Modulation	Pulsing	Mean CTDvol	PreMonitor CTDvol	Monitoring CTDvol	CTPA CTDvol	Abdomen CTDvol	Exposure Time	PreMonitor Time	Monitoring Time	CTPA Time	Abdomen Time	CareDose 4D	CTDhw Phantom	Scanning Length	Pre Ler
7	1004.89	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
8	1004.89	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
9	1004.89	10	2.94	2.94	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	2.94	2.94	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
10	1004.89	10	10.41	10.41	-	-	-	Diagnostic radiography with contrast m	AngioBody	Adult	NONE	0	10.41	-	10.41	-	-	4.5	-	4.5	-	-	0	IEC Body	10	
11	1004.89	38.4	2.386	-	-	243.86	-	Diagnostic radiography with contrast m	AngioBody	Adult	XYZ_EC	OFF	7.95	-	-	7.95	-	3.1	-	-	3.1	-	ON	IEC Body	333	
12	1004.89	38.4	738.4	-	-	-	738.4	Diagnostic radiography with contrast m	Abdomen	Adult	XYZ_EC	OFF	14.3	-	-	-	14.3	11.71	-	-	-	11.71	ON	IEC Body	539	
13	527.38	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
14	527.38	10	4.63	-	4.63	-	-	Diagnostic radiography with contrast m	AngioBody	Adult	NONE	0	4.63	-	4.63	-	-	2	-	2	-	-	0	IEC Body	10	
15	527.38	38.4	133.33	-	-	133.33	-	Diagnostic radiography with contrast m	AngioBody	Adult	XYZ_EC	OFF	4.28	-	-	4.28	-	3.15	-	-	3.15	-	ON	IEC Body	339	
16	527.38	38.4	382.34	-	-	-	382.34	Diagnostic radiography with contrast m	Abdomen	Adult	XYZ_EC	OFF	8.31	-	-	-	8.31	10.48	-	-	-	10.48	ON	IEC Body	482	
17	287.48	10	1.13	1.13	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.13	1.13	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
18	287.48	10	2.25	-	2.25	-	-	Diagnostic radiography with contrast m	AngioBody	Adult	NONE	0	2.25	-	2.25	-	-	1	-	1	-	-	0	IEC Body	10	
19	287.48	38.4	81.67	-	-	81.67	-	Diagnostic radiography with contrast m	AngioBody	Adult	XYZ_EC	OFF	2.5	-	-	2.5	-	3.28	-	-	3.28	-	ON	IEC Body	353	
20	287.48	38.4	198.43	-	-	-	198.43	Diagnostic radiography with contrast m	Abdomen	Adult	XYZ_EC	OFF	5.73	-	-	-	5.73	8.01	-	-	-	8.01	ON	IEC Body	369	
21	536.23	10	1.13	1.13	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.13	1.13	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
22	536.23	10	2.25	-	2.25	-	-	Diagnostic radiography with contrast m	AngioBody	Adult	NONE	0	2.25	-	2.25	-	-	1	-	1	-	-	0	IEC Body	10	
23	536.23	38.4	129.22	-	-	129.22	-	Diagnostic radiography with contrast m	AngioBody	Adult	XYZ_EC	OFF	4.12	-	-	4.12	-	3.16	-	-	3.16	-	ON	IEC Body	340	
24	536.23	38.4	397.21	-	-	-	397.21	Diagnostic radiography with contrast m	Abdomen	Adult	XYZ_EC	OFF	8.47	-	-	-	8.47	10.66	-	-	-	10.66	ON	IEC Body	491	
25	675.69	10	1.13	1.13	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.13	1.13	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
26	675.69	10	1.13	1.13	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.13	1.13	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
27	675.69	10	2.31	-	2.31	-	-	Diagnostic radiography with contrast m	AngioBody	Adult	NONE	0	2.31	-	2.31	-	-	1	-	1	-	-	0	IEC Body	10	
28	675.69	38.4	190.79	-	-	190.79	-	Diagnostic radiography with contrast m	AngioBody	Adult	XYZ_EC	OFF	5.9	-	-	5.9	-	3.25	-	-	3.25	-	ON	IEC Body	350	
29	675.69	38.4	473.97	-	-	-	473.97	Diagnostic radiography with contrast m	Abdomen	Adult	XYZ_EC	OFF	10.14	-	-	-	10.14	10.63	-	-	-	10.63	ON	IEC Body	489	
30	1564.64	10	1.13	1.13	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.13	1.13	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
31	1564.64	10	6.76	-	6.76	-	-	Diagnostic radiography with contrast m	AngioBody	Adult	NONE	0	6.76	-	6.76	-	-	3	-	3	-	-	0	IEC Body	10	
32	1564.64	38.4	256.29	-	-	256.29	-	Diagnostic radiography with contrast m	AngioBody	Adult	XYZ_EC	OFF	7.01	-	-	7.01	-	3.65	-	-	3.65	-	ON	IEC Body	392	
33	1564.64	38.4	1294.3	-	-	-	1294.3	Diagnostic radiography with contrast m	Abdomen	Adult	XYZ_EC	OFF	27.91	-	-	-	27.91	10.45	-	-	-	10.45	ON	IEC Body	481	
34	522.61	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
35	522.61	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
36	522.61	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
37	522.61	10	18.51	-	18.51	-	-	Diagnostic radiography with contrast m	AngioBody	Adult	NONE	0	18.51	-	18.51	-	-	8	-	8	-	-	0	IEC Body	10	
38	522.61	38.4	158.52	-	-	158.52	-	Diagnostic radiography with contrast m	AngioBody	Adult	XYZ_EC	OFF	4.42	-	-	4.42	-	3.59	-	-	3.59	-	ON	IEC Body	386	
39	522.61	38.4	334.37	-	-	-	334.37	Diagnostic radiography with contrast m	Abdomen	Adult	XYZ_EC	OFF	7.59	-	-	-	7.59	10.05	-	-	-	10.05	ON	IEC Body	463	
40	824.43	10	1.19	1.19	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.19	1.19	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
41	824.43	10	3.38	-	3.38	-	-	Diagnostic radiography with contrast m	AngioBody	Adult	NONE	0	3.38	-	3.38	-	-	1.5	-	1.5	-	-	0	IEC Body	10	
42	824.43	38.4	271.06	-	-	271.06	-	Diagnostic radiography with contrast m	AngioBody	Adult	XYZ_EC	OFF	9.22	-	-	9.22	-	2.98	-	-	2.98	-	ON	IEC Body	320	
43	824.43	38.4	542.63	-	-	-	542.63	Diagnostic radiography with contrast m	Abdomen	Adult	XYZ_EC	OFF	10.77	-	-	-	10.77	11.44	-	-	-	11.44	ON	IEC Body	526	
44	299.17	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
45	299.17	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	
46	299.17	10	1.16	1.16	-	-	-	CT without contrast	AngioBody	Adult	NONE	0	1.16	1.16	-	-	-	0.5	0.5	-	-	-	0	IEC Body	10	

## Summary stats:

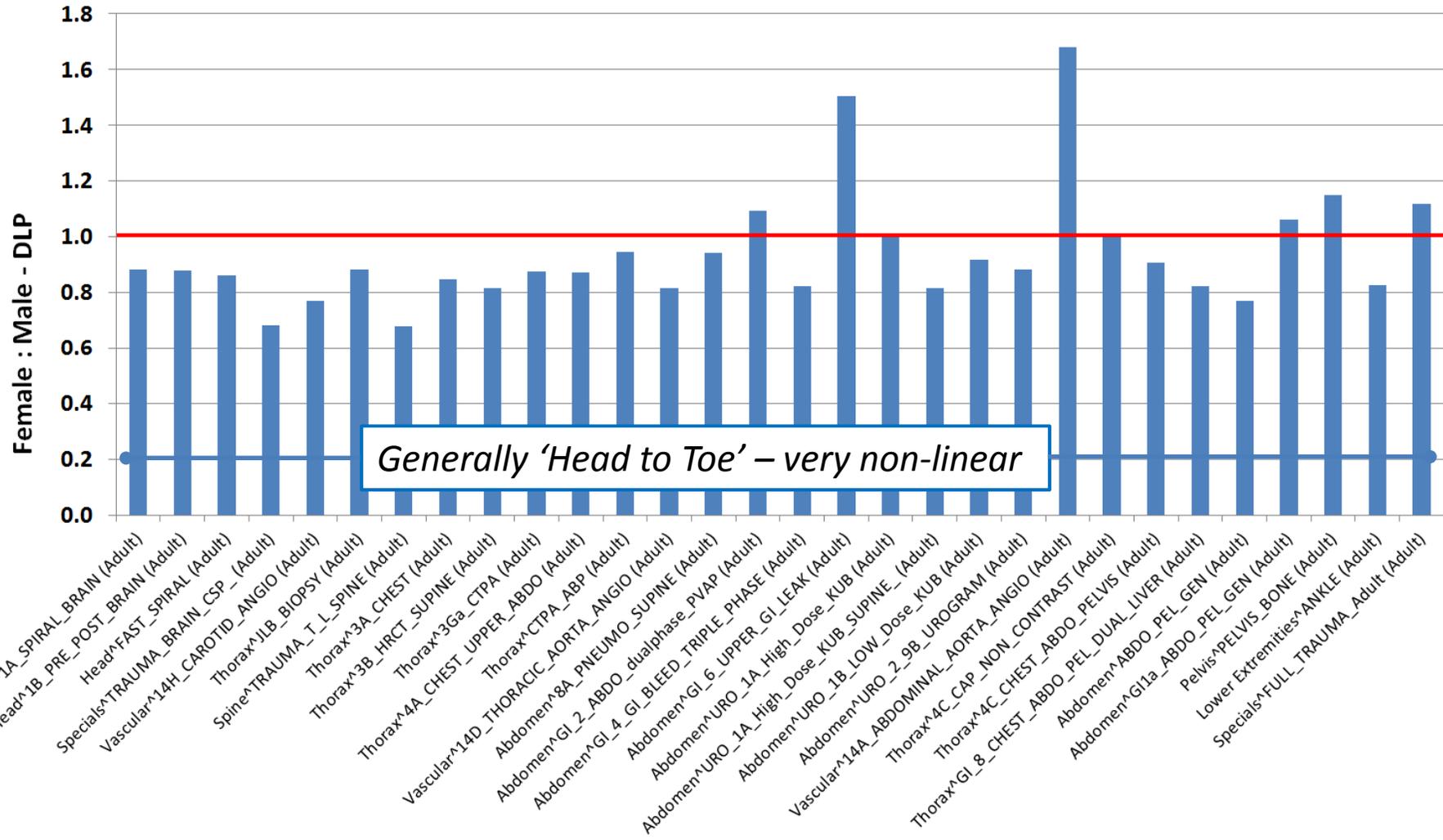
Trust	Scanner	Reported Protocols	Patients	Males	Females	<i>Other** Protocols</i>
A	Definition AS+	30	4244	2081	2163	23 (+67)
	Sensation S40	37	4970	2399	2571	21 (+52)
B	Definition Flash	17	1840	945	895	6 (+72)
	Definition AS+	18	1819	864	955	10 (+40)

**\*\*Other protocols:**  
Combined gender <15 patients (<10 patients)

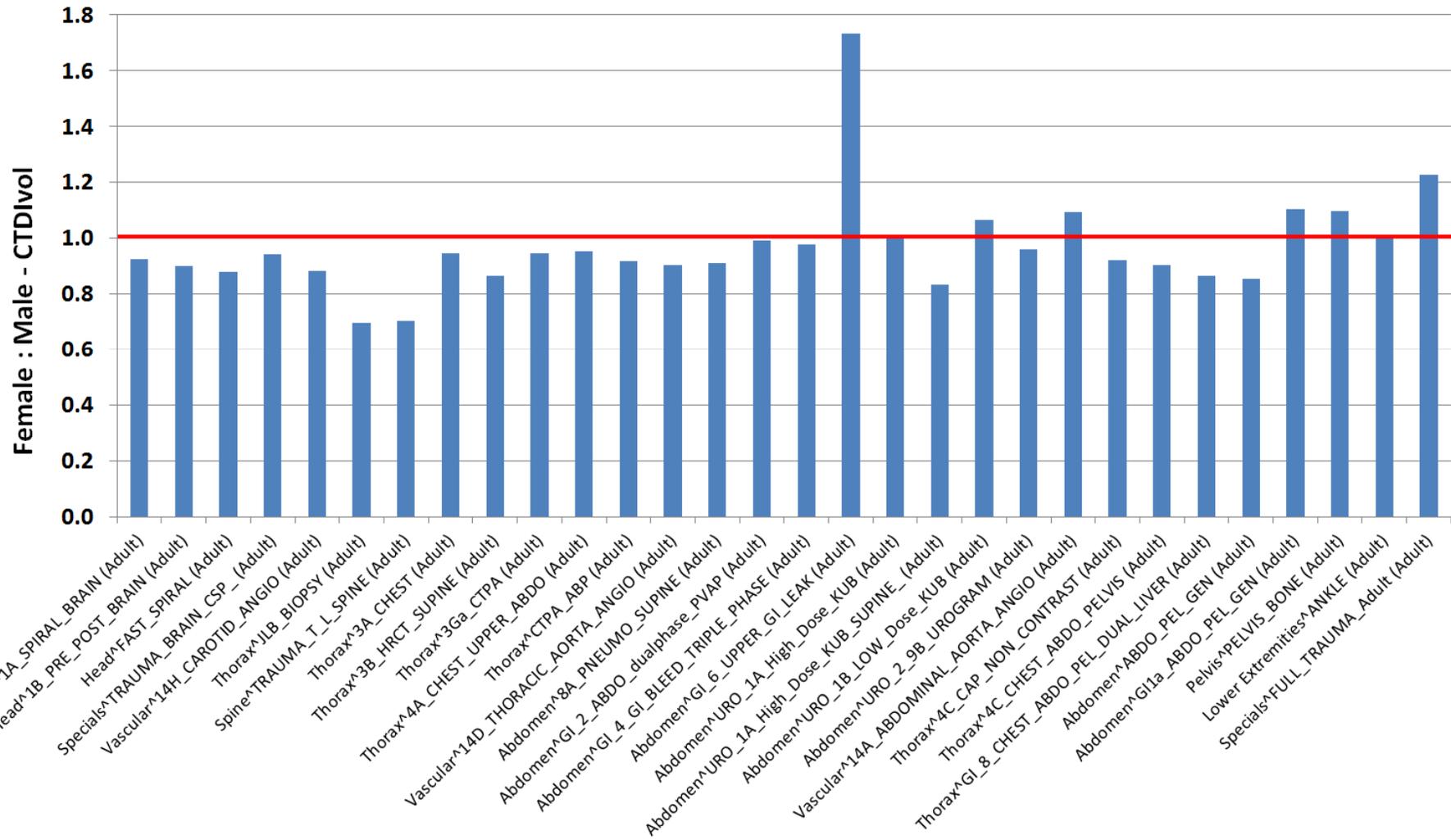
## How to present the dose metrics and gender ?

- All reported studies by scanner
- Female : Male ratio of the metric median
- DLP
- CTDIvol
- Scan length

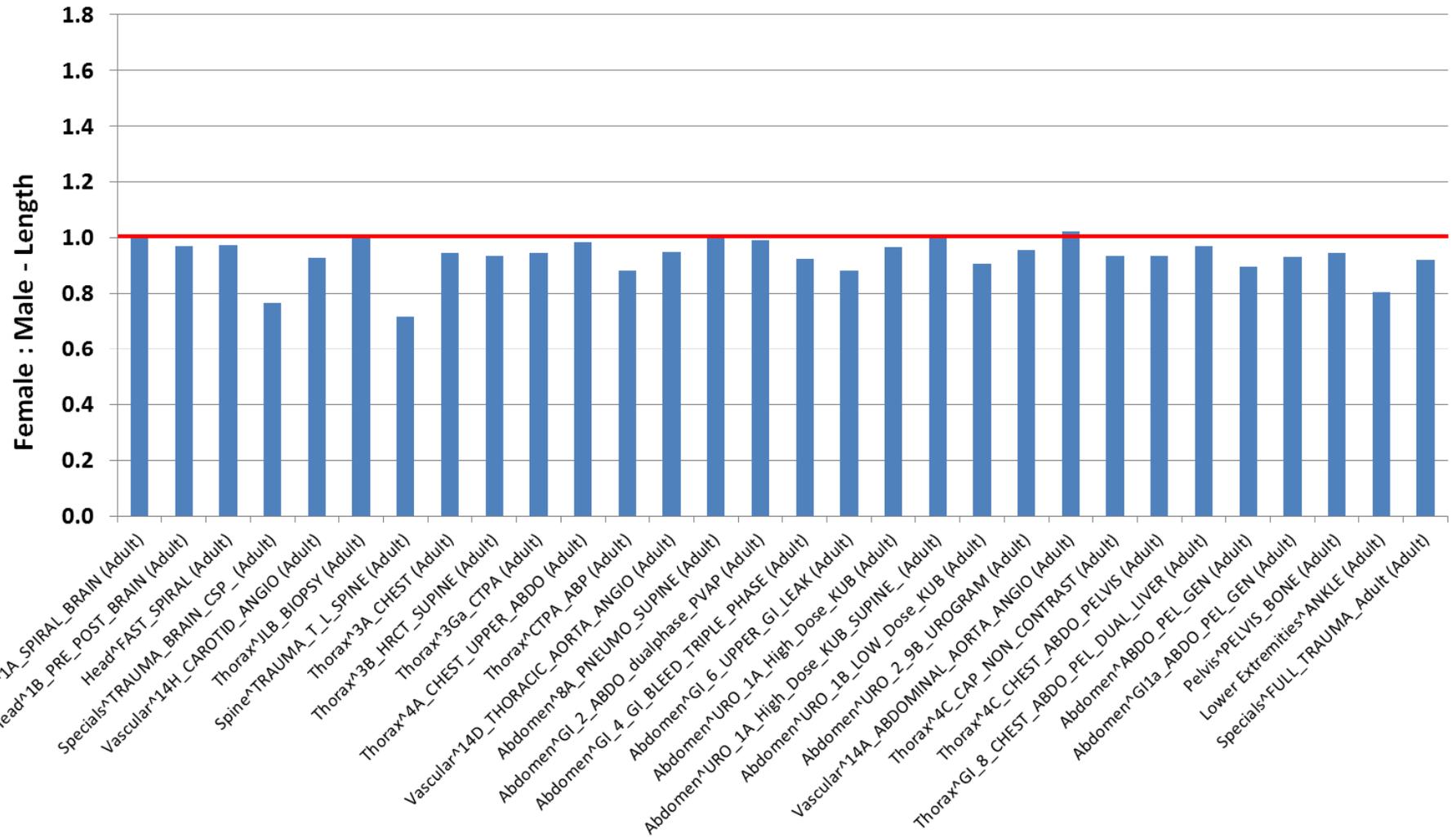
## Trust A - Siemens Definition - Female : Male - DLP



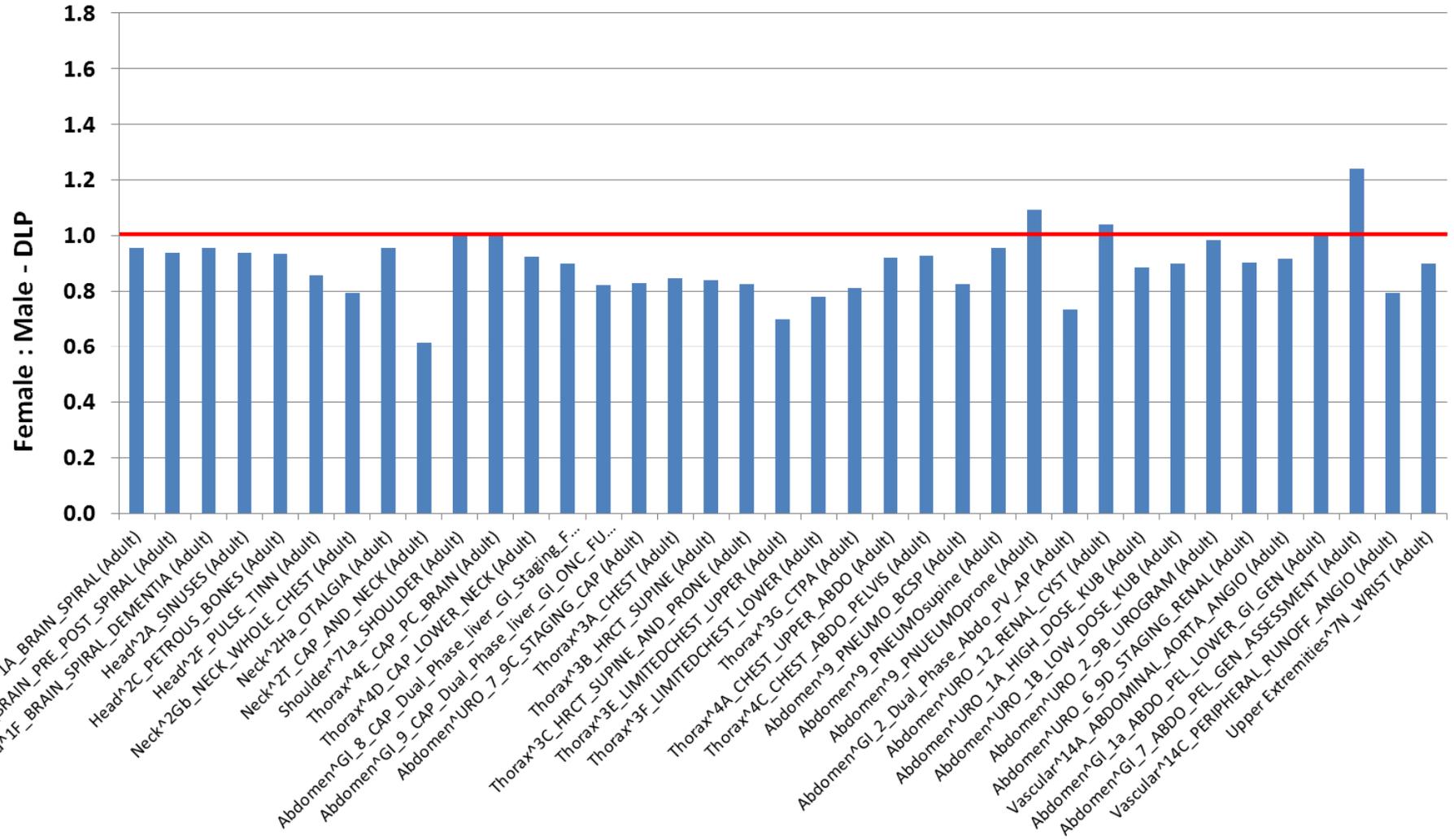
## Trust A - Siemens Definition - Female : Male - CTDIvol



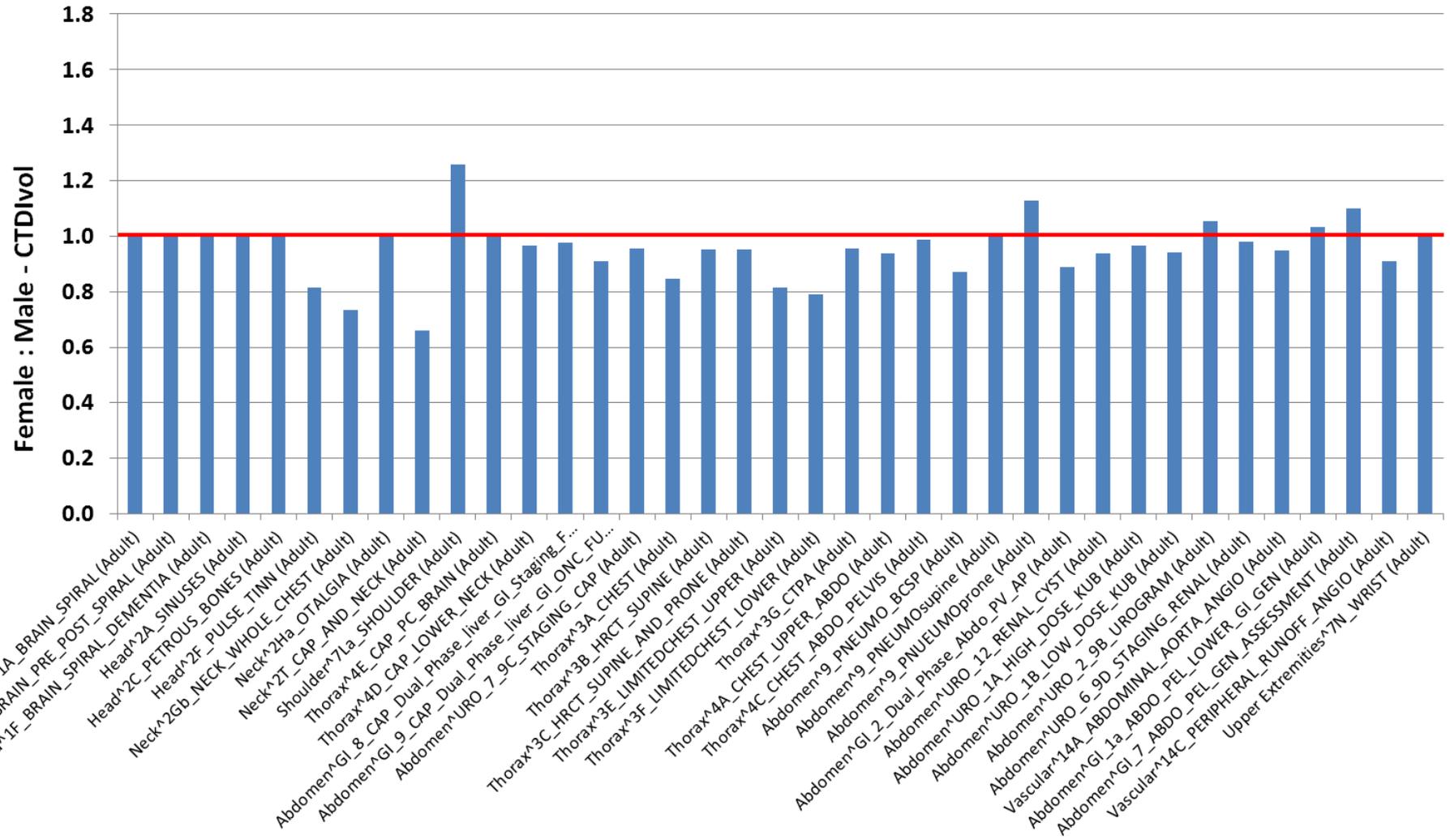
## Trust A - Siemens Definition - Female : Male - Length



## Trust A - Siemens Sensation - Female : Male - DLP

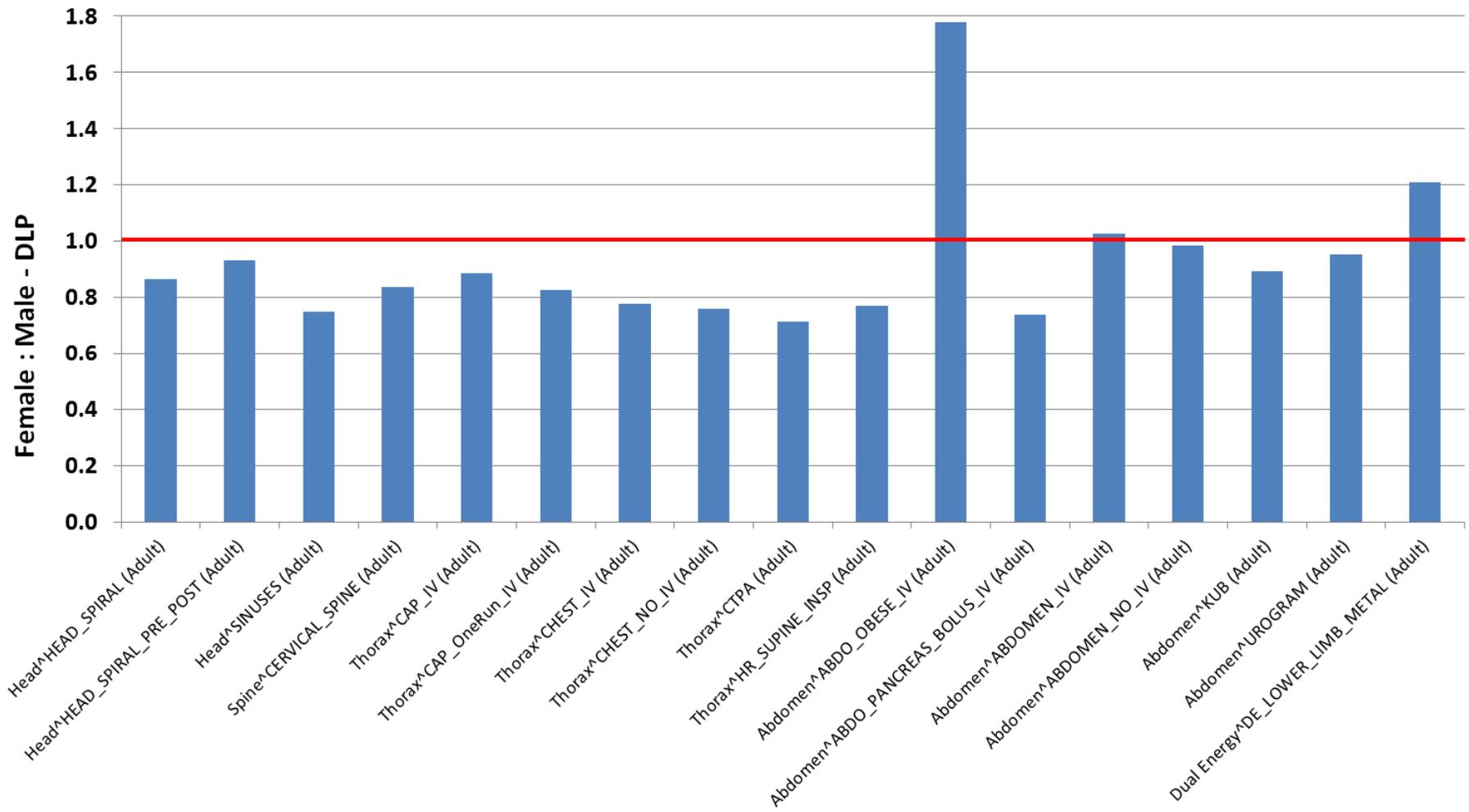


## Trust A - Siemens Sensation - Female : Male - CTDIvol

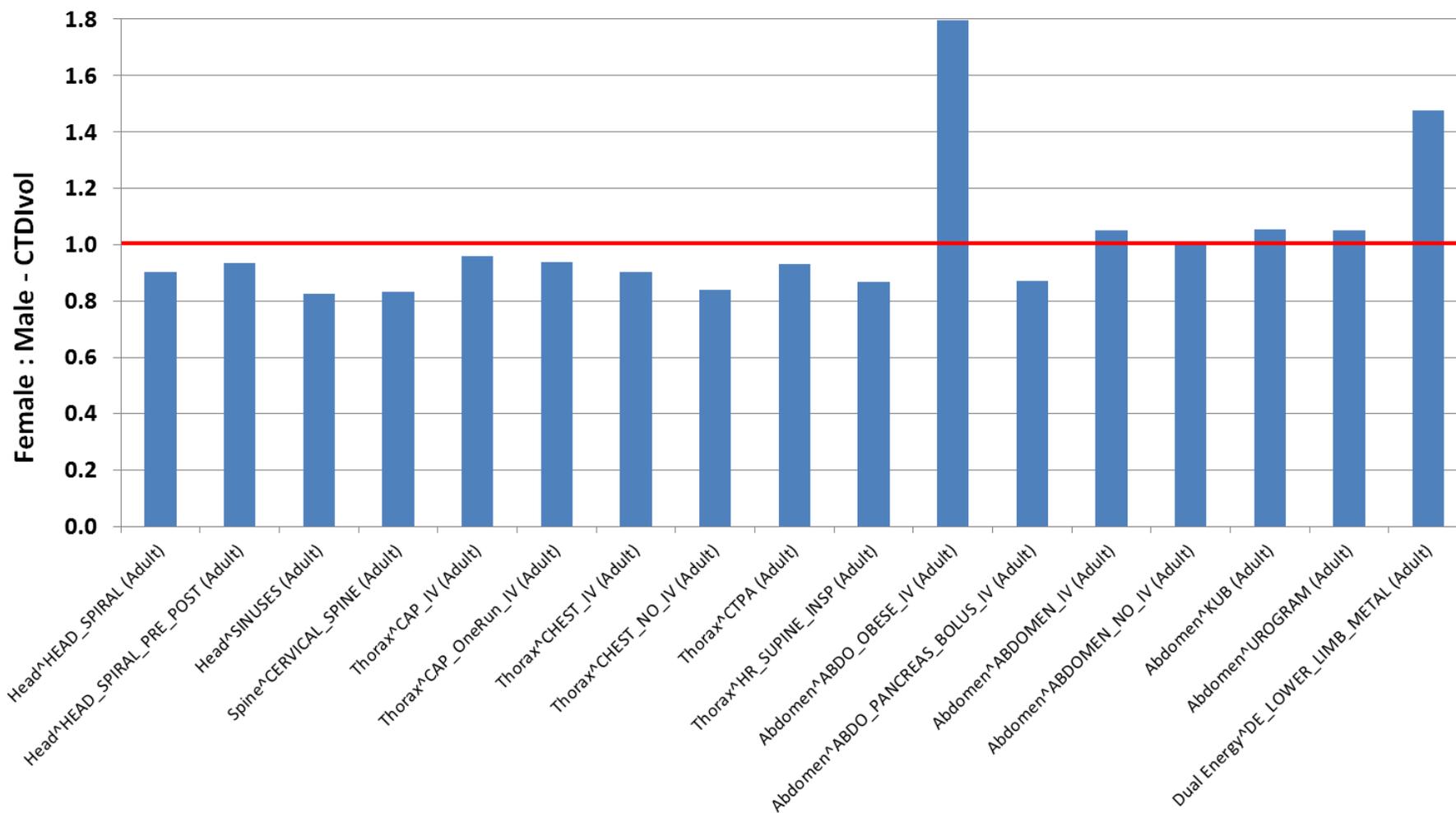




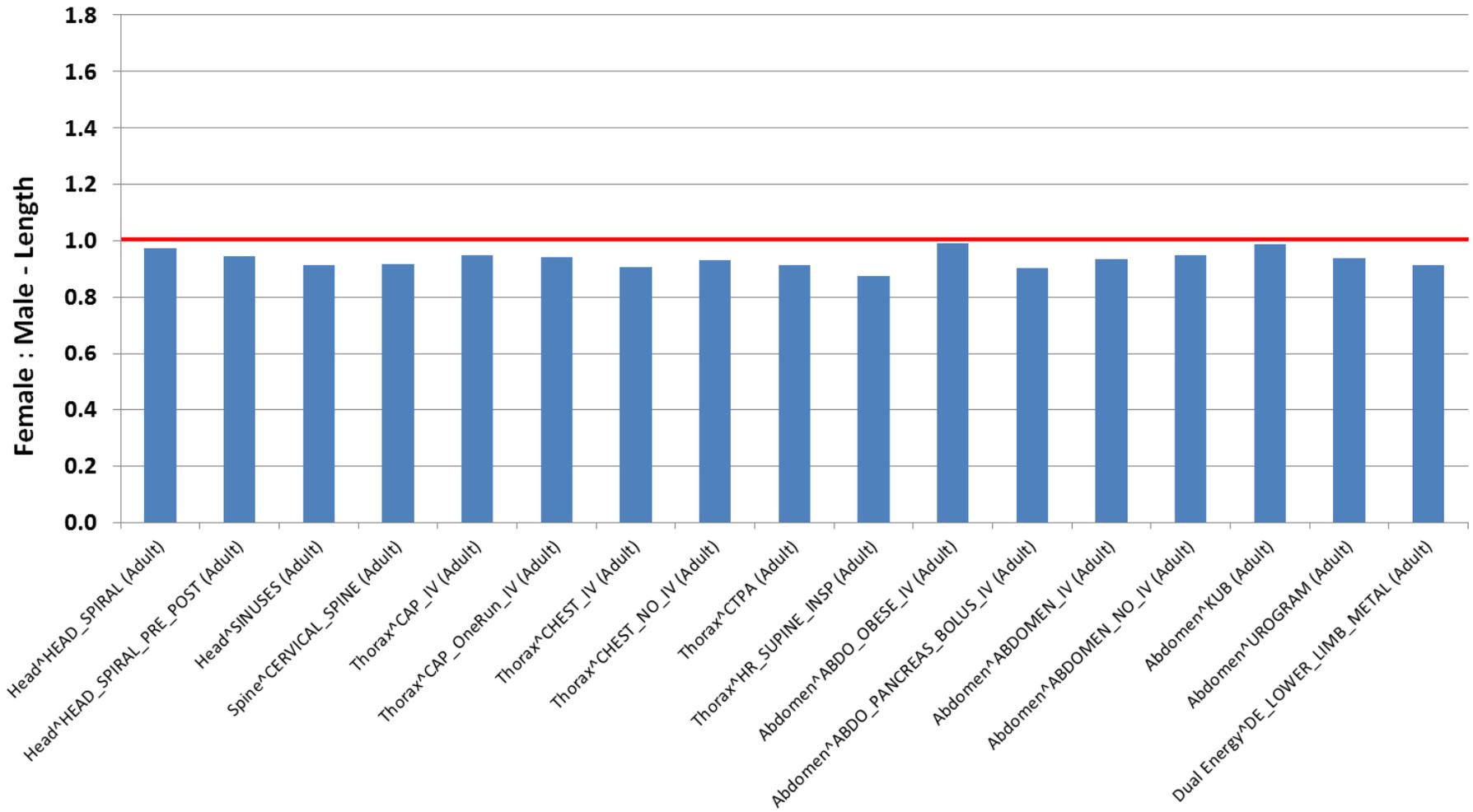
## Trust B - Siemens Flash - Female : Male - DLP



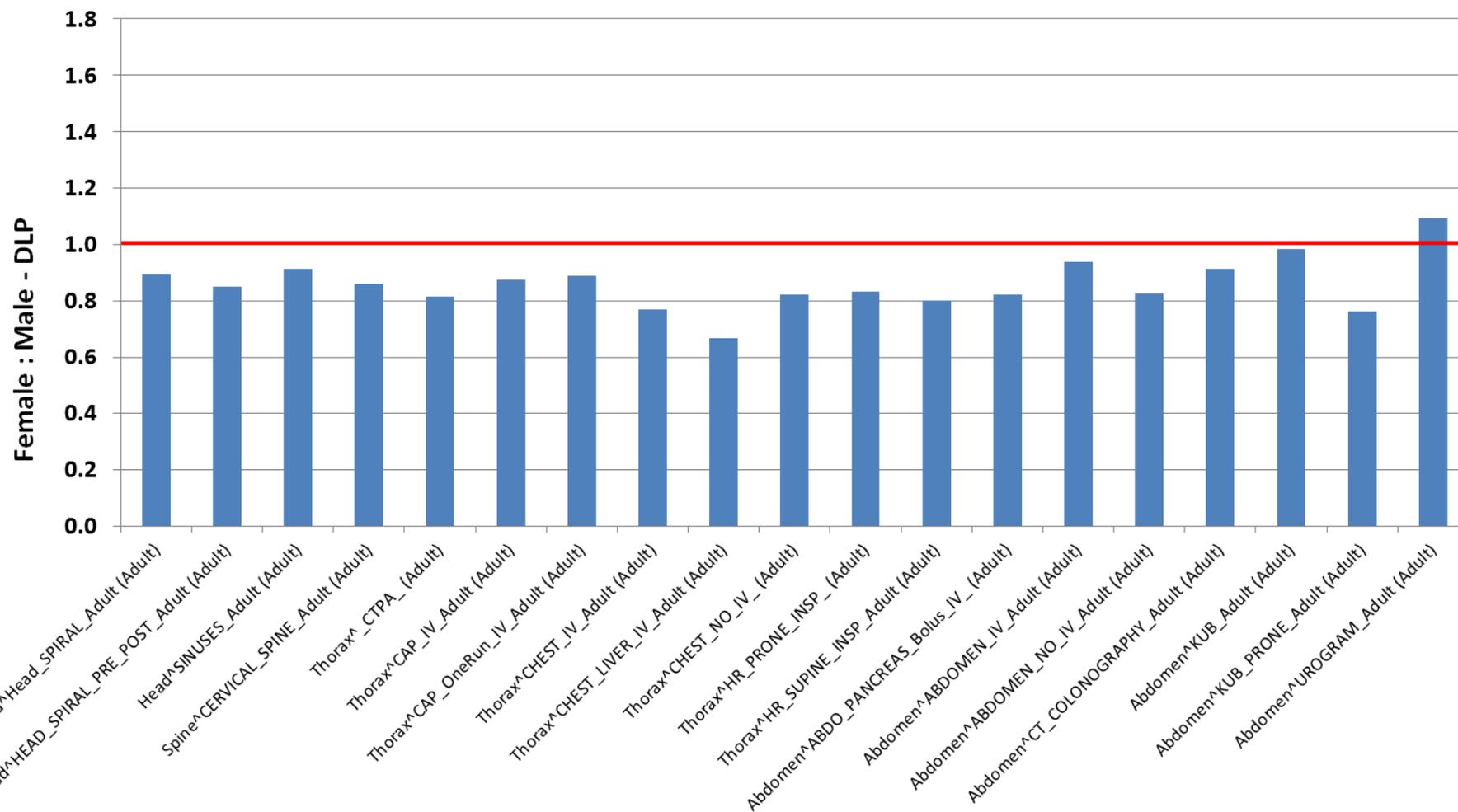
## Trust B - Siemens Flash - Female : Male - CTDIvol



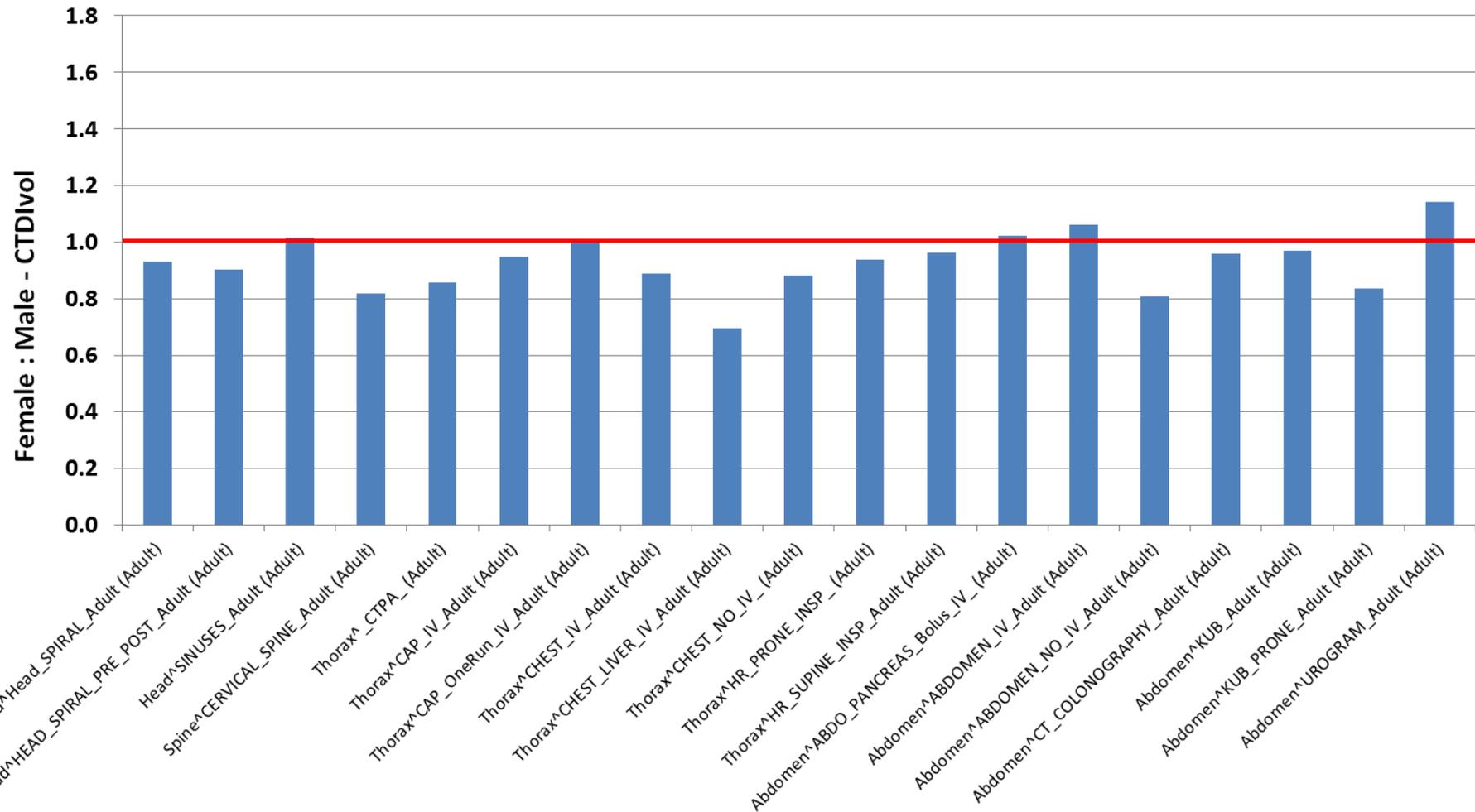
## Trust B - Siemens Flash - Female : Male - Length



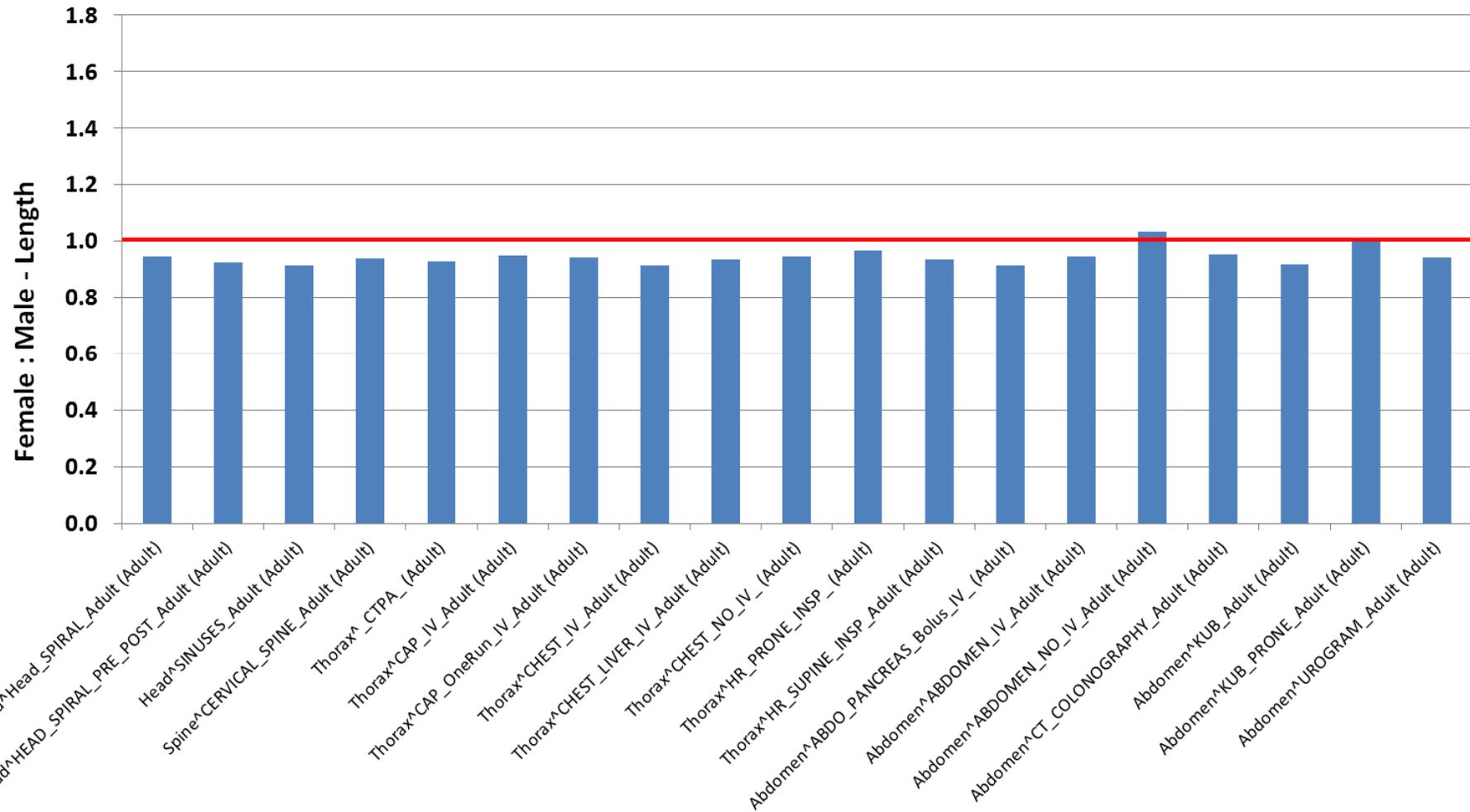
## Trust B - Siemens Definition - Female : Male - DLP



## Trust B - Siemens Definition - Female : Male - CTDIvol



## Trust B - Siemens Definition - Female : Male - Length



## **General observations:**

- **Study DLP approximately 10-20% lower for females**
- **Combined effect of lower CTDIvol and shorter scan length**
- **Across all four scanners on both sites**
- **Some exceptions with much higher dose metric ratios**

## **Caveats:**

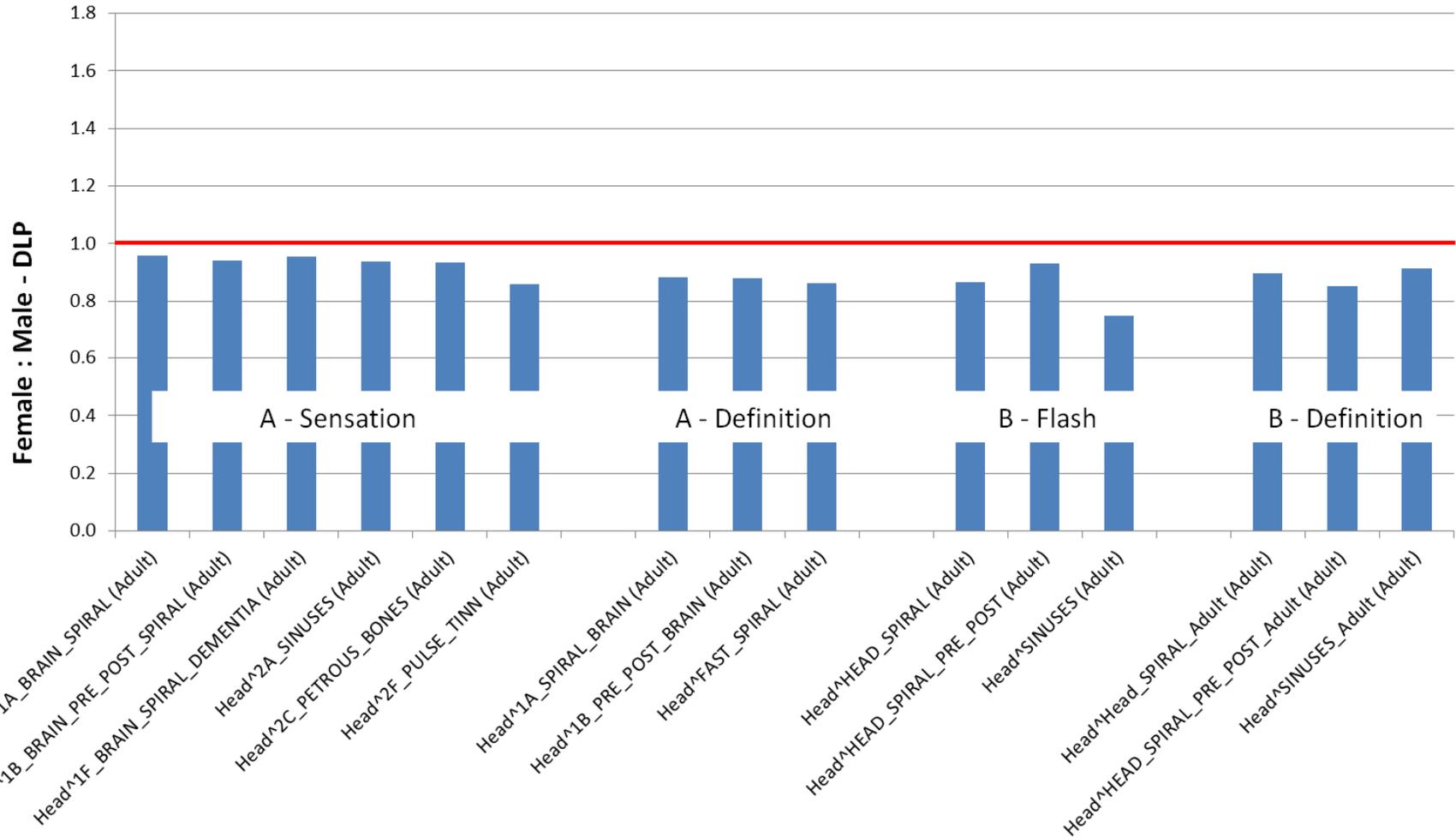
- **Some studies with no differences between genders**
- **Study sample median for examined population**
- **No attempt to select patients by weight or habitus**

**Case 1: Trust A - Siemens Sensation Heads**



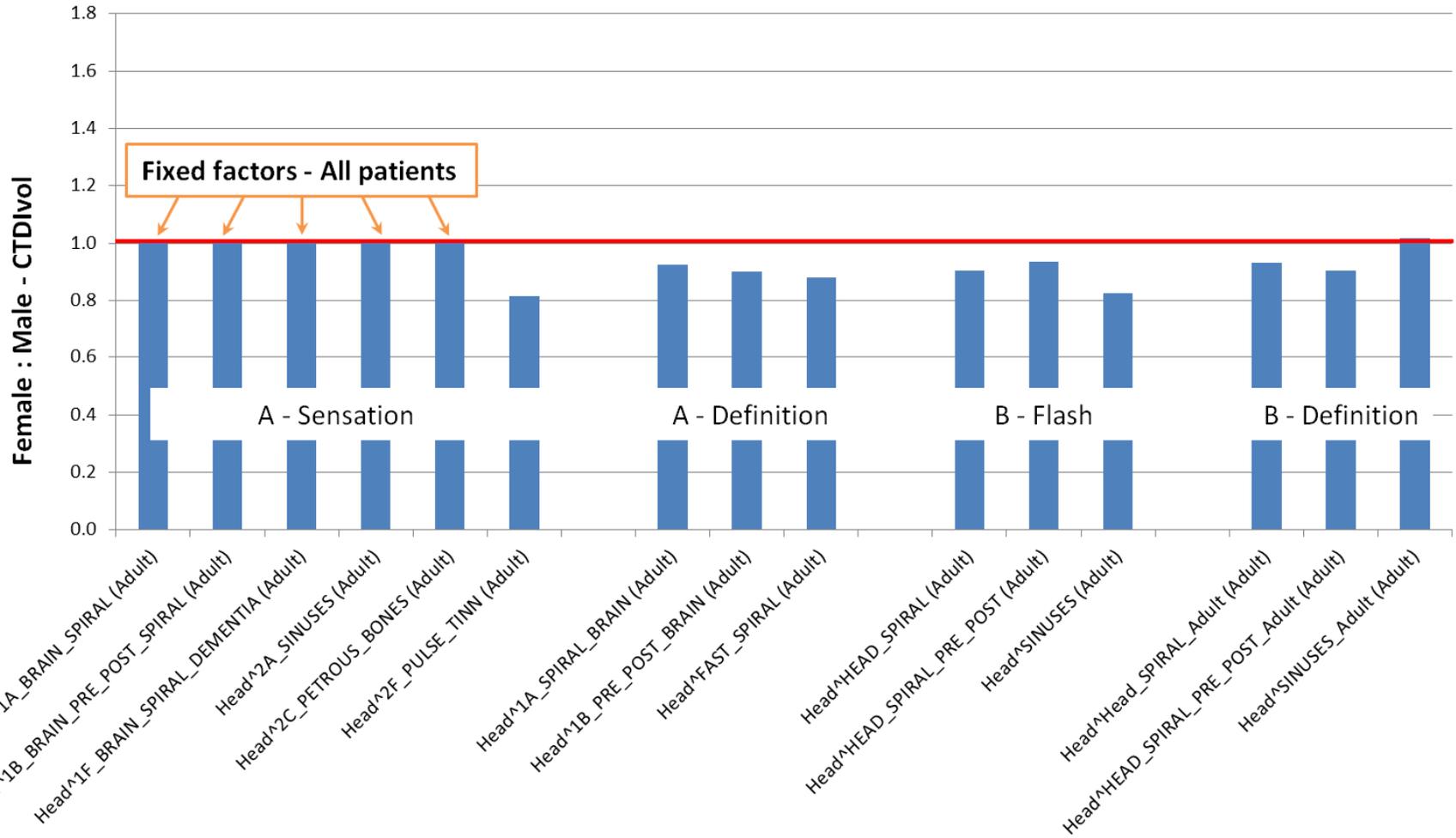
# Case 1: Trust A - Siemens Sensation Heads

All scanners - Head studies - Female : Male - DLP



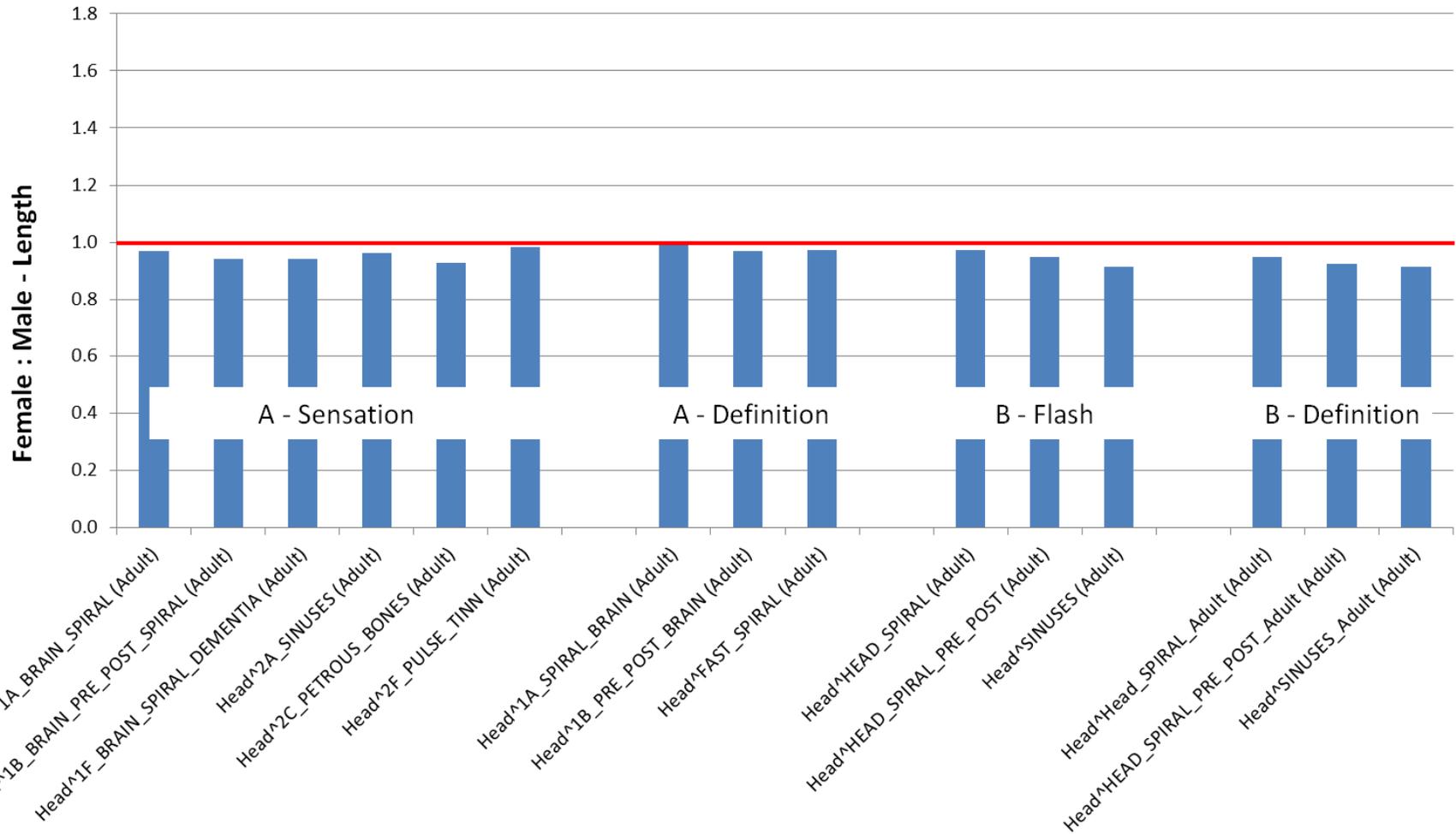
# Case 1: Trust A - Siemens Sensation Heads

All scanners - Head studies - Female : Male - CTDIvol

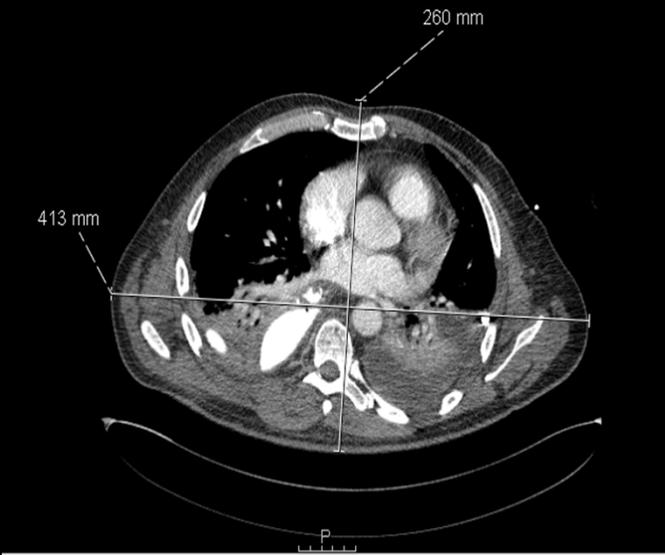


# Case 1: Trust A - Siemens Sensation Heads

All scanners - Head studies - Female : Male - Length

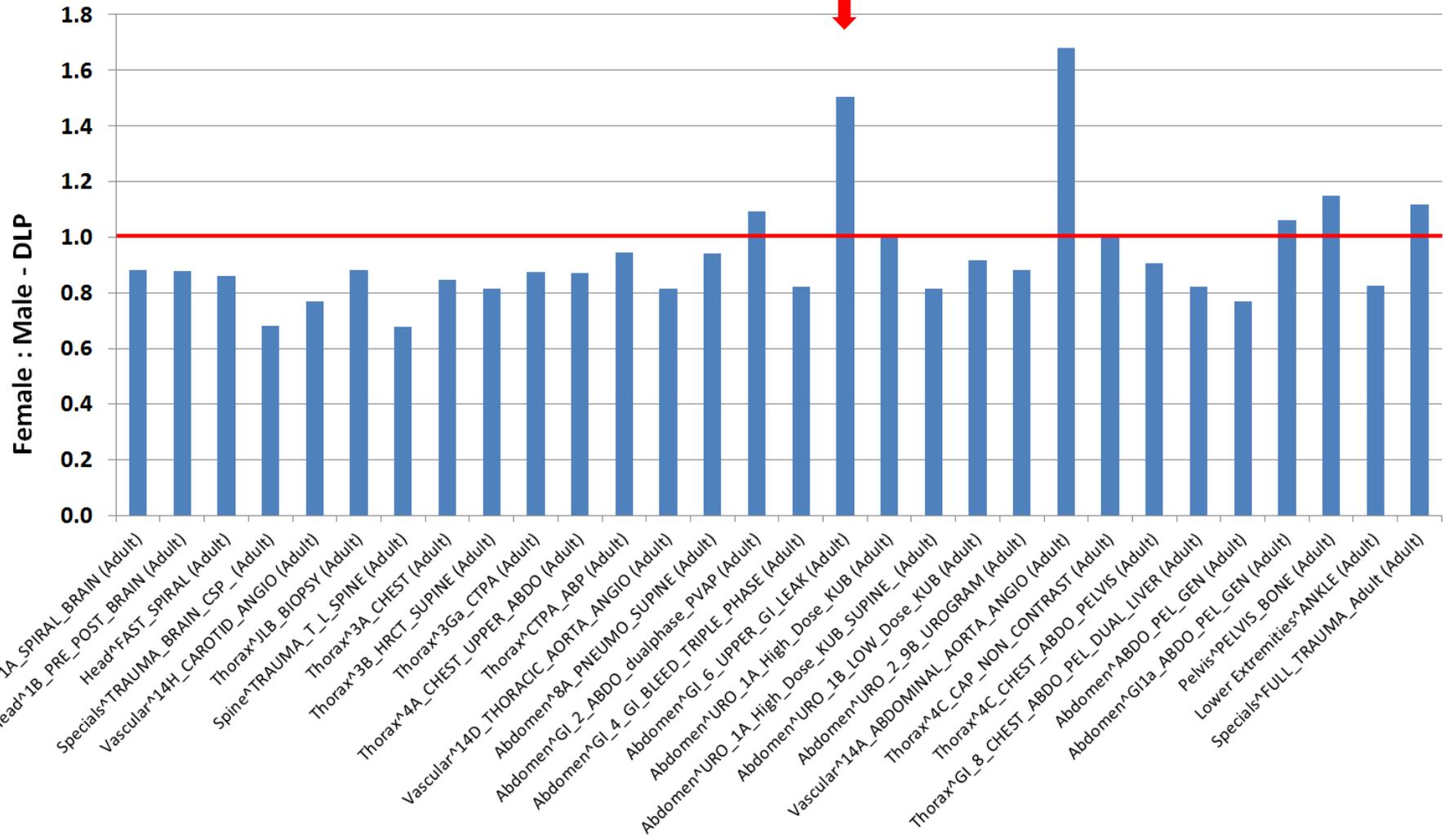


Case 2: Trust A Siemens Definition – Abdomen^GI\_6\_Upper\_GI Leak



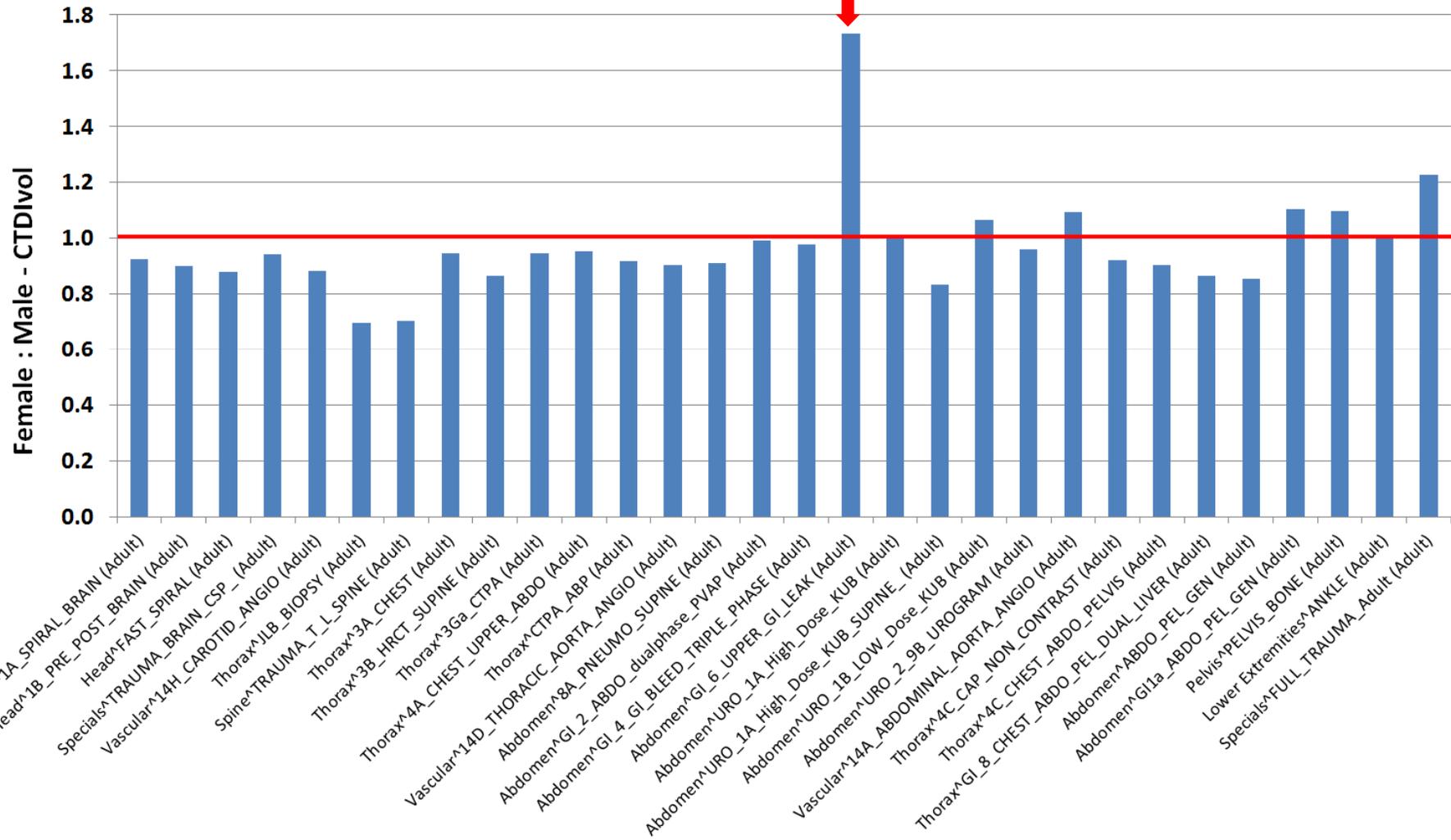
# Case 2: Trust A Siemens Definition – Abdomen^GI\_6\_Upper\_GI Leak

Trust A - Siemens Definition - Female : Male - DLP

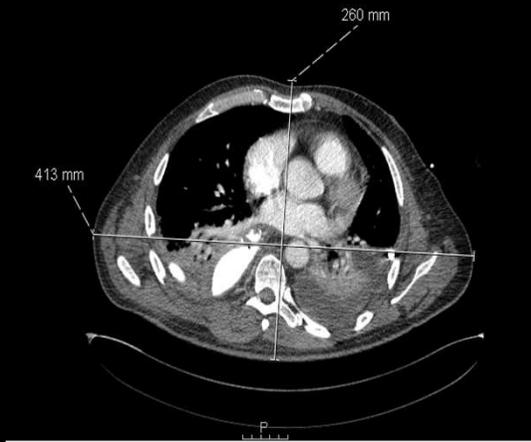
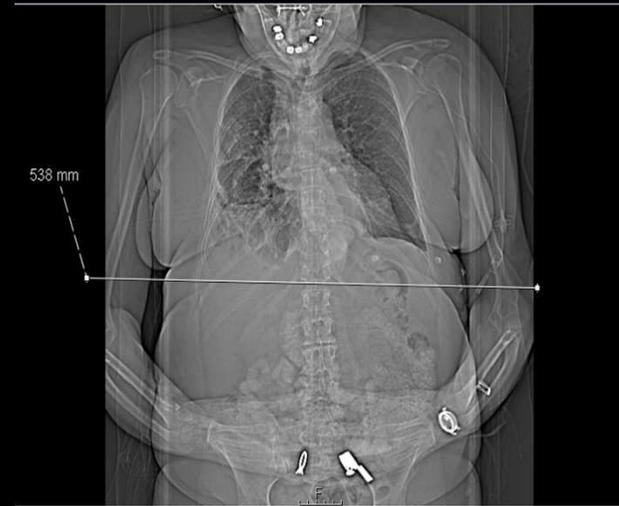


# Case 2: Trust A Siemens Definition – Abdomen^GI\_6\_Upper\_GI Leak

Trust A - Siemens Definition - Female : Male - CTDIvol



# Case 2: Trust A Siemens Definition – Abdomen^GI\_6\_Upper\_GI Leak



**Male**



**Female**

2/3<sup>rd</sup>s of females scanned arms down

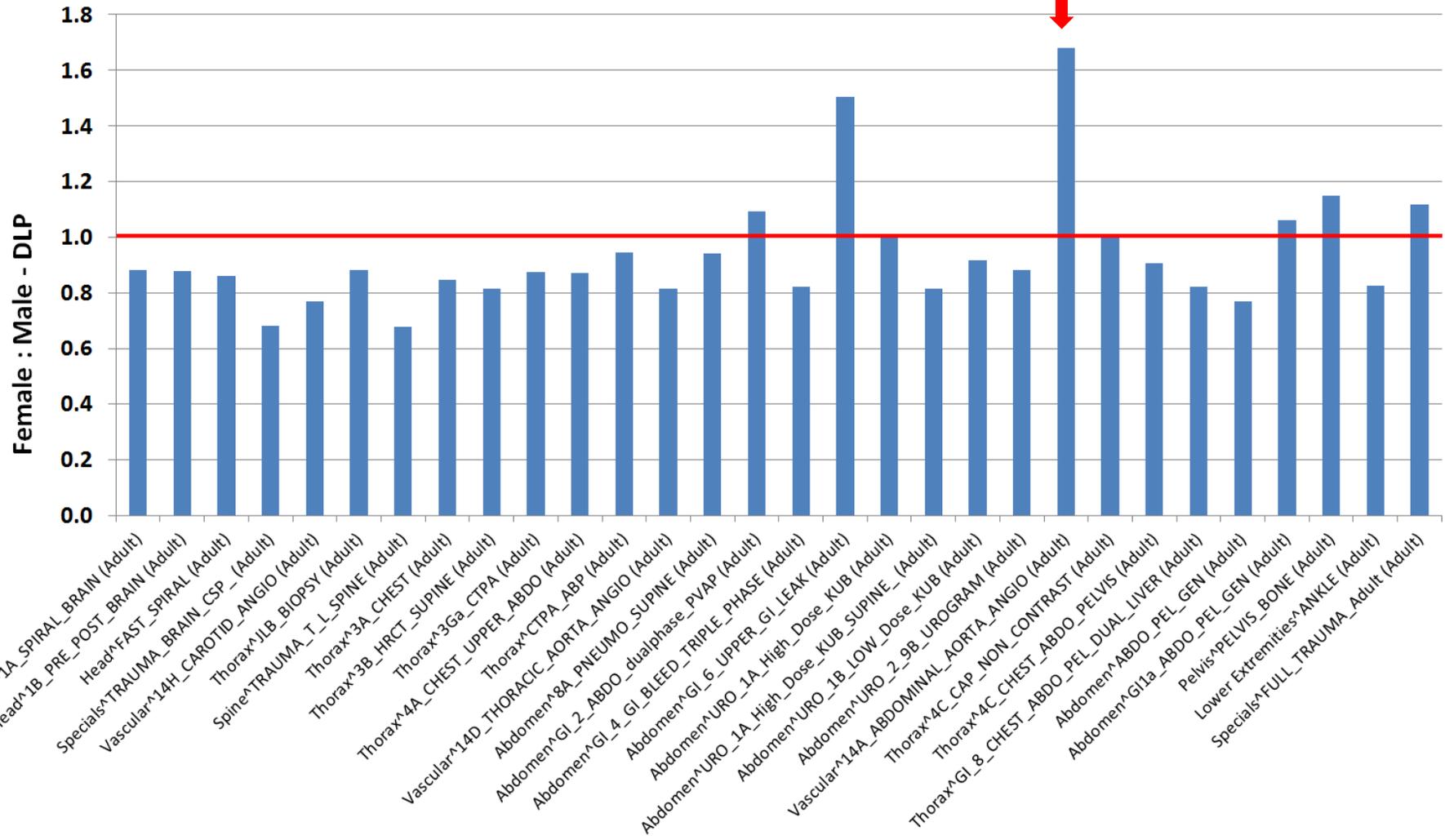
**Topogram and axial reference images of male and female 'median patients'**

Case 3: Trust A Siemens Definition – Vascular^14A\_Abdominal\_Aorta\_Angio



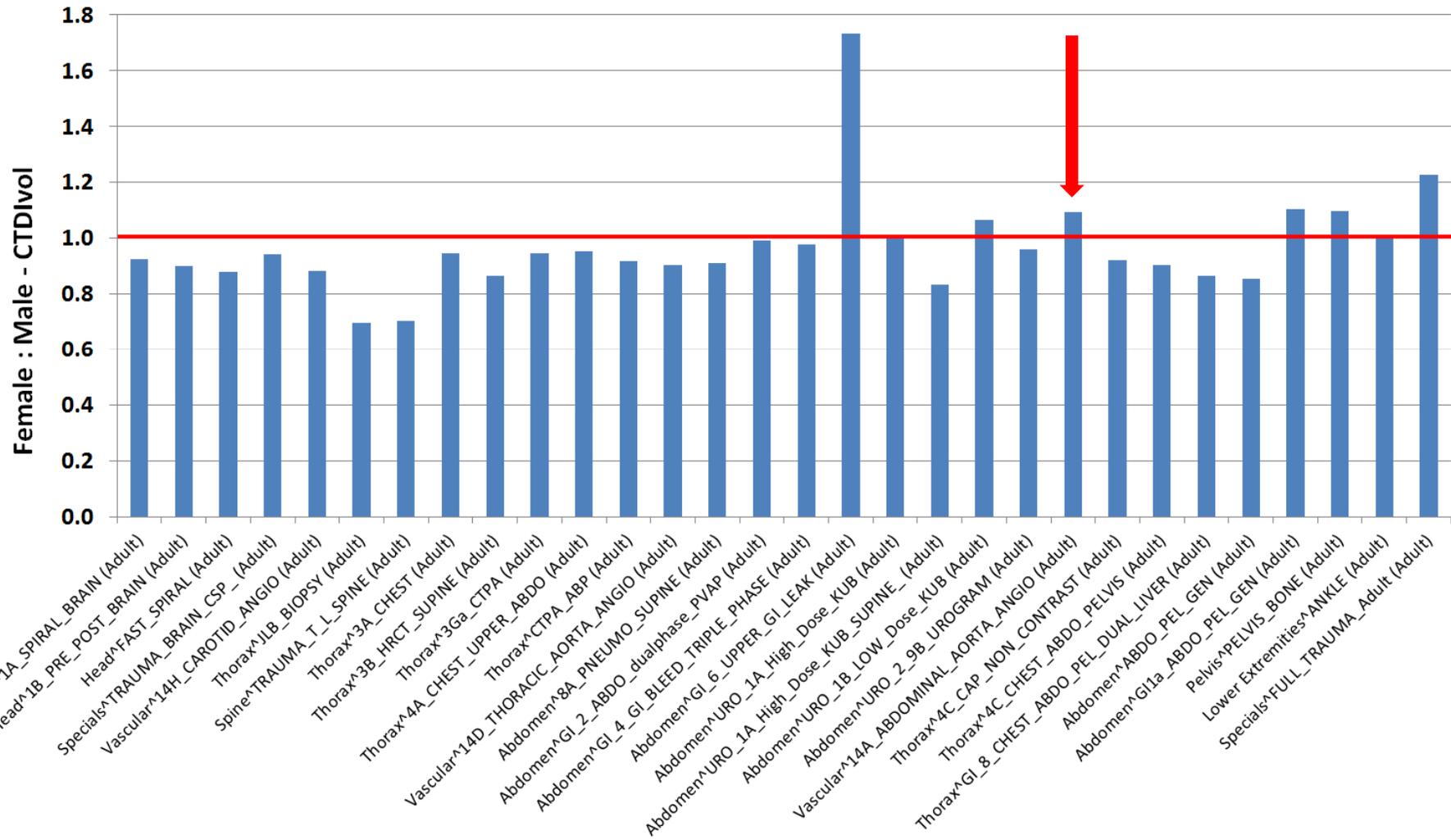
# Case 3: Trust A Siemens Definition – Vascular^14A\_Abdominal\_Aorta\_Angio

Trust A - Siemens Definition - Female : Male - DLP

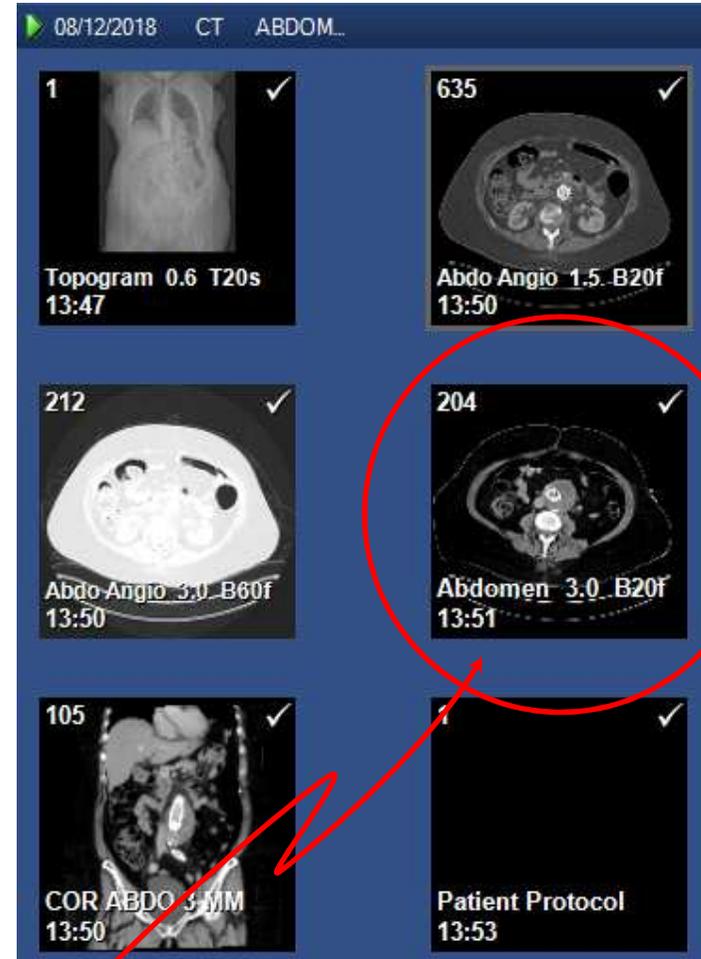
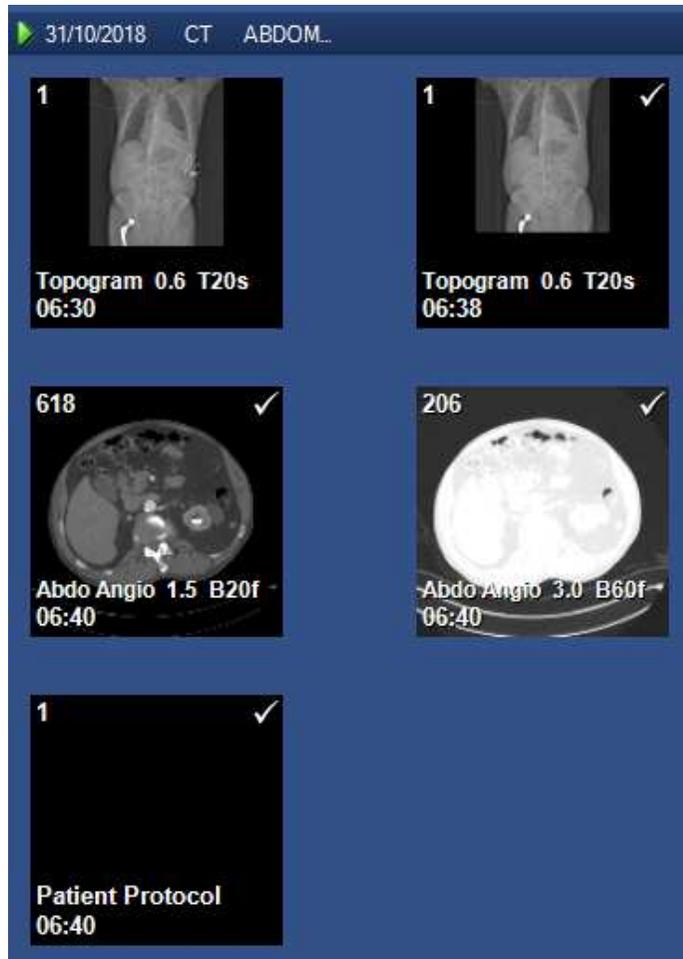


# Case 3: Trust A Siemens Definition – Vascular^14A\_Abdominal\_Aorta\_Angio

Trust A - Siemens Definition - Female : Male - CTDIvol



### Case 3: Trust A Siemens Definition – Vascular^14A\_Abdominal\_Aorta\_Angio



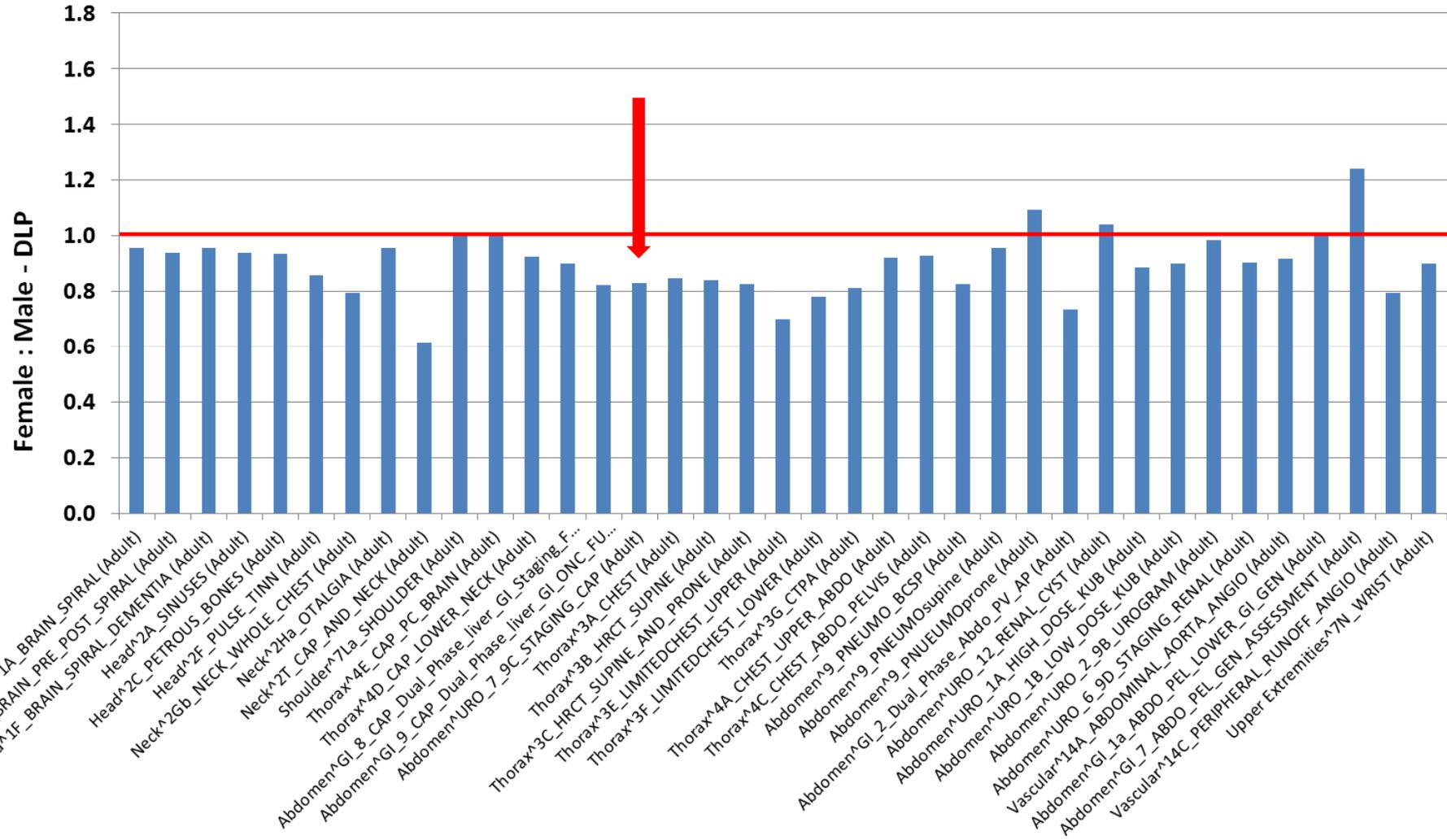
1 in 4 females had an additional spiral Abdomen scan (off-protocol variant ?)

Case 4: Trust A Siemens Sensation – Adbomen^Uro\_7\_9C\_Staging\_CAP

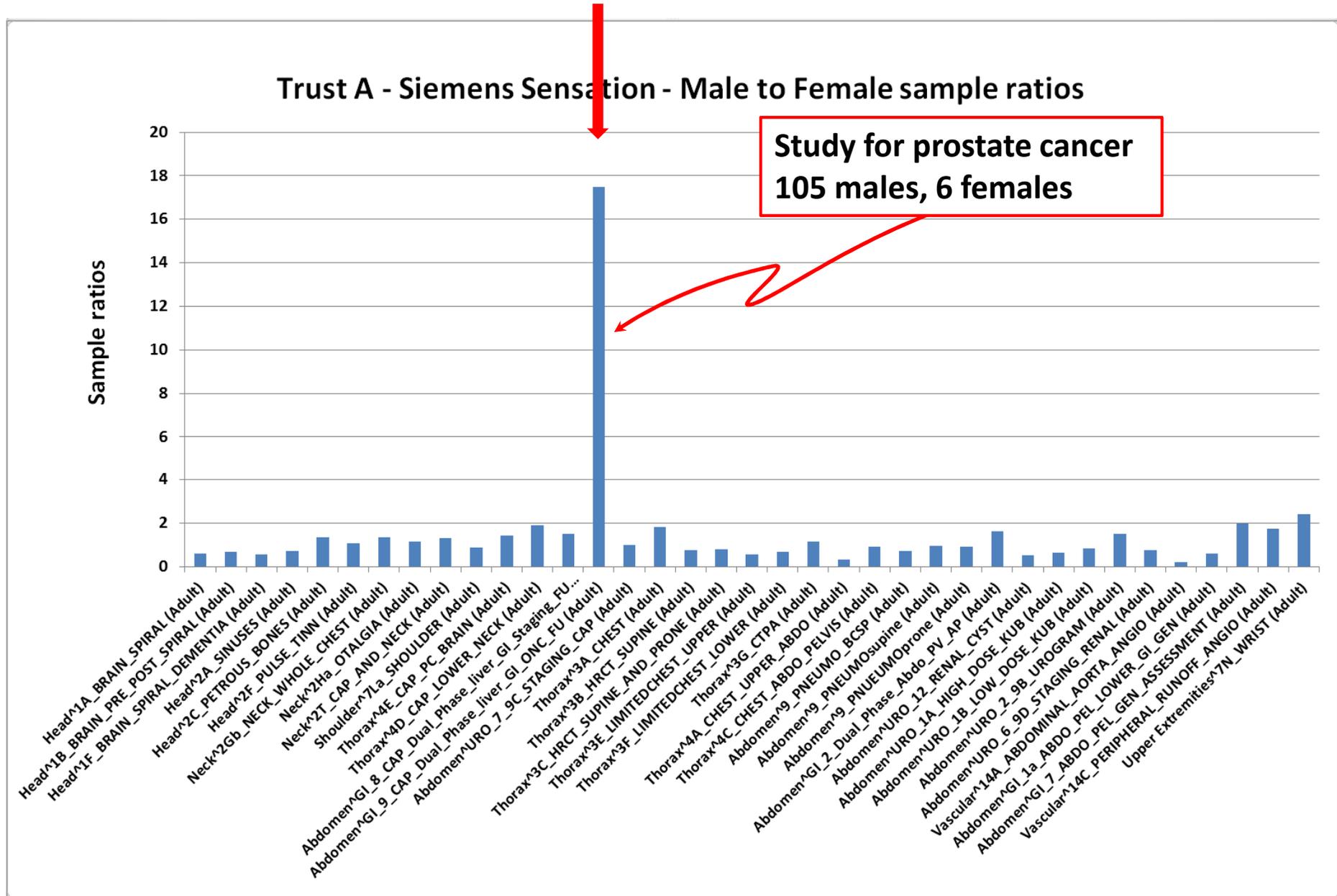


# Case 4: Trust A Siemens Sensation – Adbomen^Uro\_7\_9C\_Staging\_CAP

Trust A - Siemens Sensation - Female : Male - DLP



# Case 4: Trust A Siemens Sensation – Adbomen^Uro\_7\_9C\_Staging\_CAP





# Summary

## **Gender based analysis;**

- Useful additional tool in the optimisation toolbox ?
- Identify cases which depart from the norm ?
- Reveal 'potential bias' in dose metrics ?
- Illustrate potential improvements from changes in protocol ?
- Differences more significant according to AEC ?

## **If accept that gender influences audit metrics;**

- Should samples be matched in preparation for analysis ?
- Knowing M & F dose metrics may be helpful with future results ?
- Knowing M:F ratios may be helpful in interpreting future results ?



Portsmouth Hospitals  
NHS Trust

Clinical Delivery

**Thank you for listening**

**CTUG, Birmingham  
October 2019**